



Knowsley Central School

Trampoline Policy & Risk Assessment

Reviewed by: SLT

Date: September 2023

Last reviewed on: September 2023

Next review due by: September 2024 (Annually)

Introduction

At Knowsley Central School we have two outdoor sunken trampolines which we use throughout the school day which allow us to address some of our children's sensory needs.

Trampolining offers an exciting experience for our children; however, great care must be taken to ensure the safety and well being of all participants during the whole activity whether it be during class time or playtimes.

The benefits of trampoline sessions include the Development and Improvement of:

Trust and confidence	Strength of limb	
Social awareness	Muscle tone	
Eye contact	Balance	Stamina
Self-image	Spatial awareness	Reaction speed
Self confidence	Body awareness	Numeracy
Independence	Co-ordination	Colour recognition
Communication	Height and depth perception	Fun and enjoyment
Patience	Freedom of movement	Sense of achievement
Turn taking	Relaxation	

At Knowsley Central School we have a series of Health and Safety procedures which we adhere to at all times.

Trampoline Health and Safety

Procedure: All staff participating in activities on the trampolines must be familiar with this safety policy and adhere to its recommendations

Responsibilities The Head Teacher has the overall responsibility for ensuring the safety of users and staff engaged in trampolining.

Risk Assessment

It is essential that risk assessments are undertaken for trampolining activities which detail how risks are controlled. It is important that they are reviewed on a regular basis, at least annually and/or after any incidents.

Safety

- Where possible all children will be briefed before participating regarding expectations while using the trampolines, this may be done verbally or using visual symbols depending on the child's communication needs.
- All participants must be reasonably fit and healthy.
- Children will be supervised by an adult at all times while they are on a trampoline.
- There will only be one child allowed on a trampoline at any one time.
- Participants must be dressed appropriately.
- Users should not get onto the trampoline until the member of staff leading the session has directed them to do so.
- Parents / carers of all children participating in trampolining sessions will be informed and written consent obtained.
- No belts, jewellery or other sharp items of clothing can be worn that may cause damage to yourself, the equipment or other participants.

Staff knowledge/training

- Staff supporting children during a session on the trampolines should be aware of their individual needs and should have received training to these needs (medication, behaviour, communication etc as appropriate to the individual)

Environment

- We have two trampolines at Knowsley Central, one situated on the main playground and one on a grassed section of the playground.
- A first aid box must be available in the entrance of the Enchanted Wood building and at the first aid area of the main building at all times.
- All children with asthma are required to have their inhalers available before, during and after trampoline sessions if needed.
- All staff will wear appropriate, (PE kit), clothing while conducting a session.

Protocol for use of the trampoline

- The trampolines must be maintained in a satisfactory condition and checked regularly. Any defects should be reported immediately.

The following must be checked at the start of each session:

- The trampoline bed is under even tension and there are no tears in the webbing.
- All springs are properly connected with their hooks facing downwards

- All safety pads are securely in place and are not damaged.
- Users should not get onto the trampoline unless the member of staff overseeing the session has directed them to do so.
- Any children waiting for a turn on the trampoline must be supervised.
- All jewellery must be removed. Coins and other hard objects should be removed from pockets before accessing the trampoline. Learners are not allowed to bring any item that could potentially cause injury or discomfort onto the trampoline.
- No food or drink is allowed on the trampoline.

Reporting of accidents and incidents

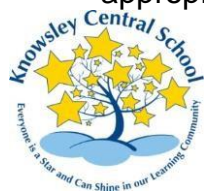
- All staff should report accidents and incidents using the appropriate forms in line with the schools Health and Safety Policy and procedures.
- Any defective equipment should be reported, recorded and taken out of use until repaired.

Moving and Handling procedure

- Ambulant users will be given positive prompts and will be supervised whilst mounting and dismounting the trampoline

Emergency procedure

- In the event of a fire, the fire evacuation policy should be followed. Information re evacuation procedure is displayed by the fire exits.
- Should medical emergency help be required, the office staff will be alerted to dial 999.
- If necessary, the 'ABC' procedure will be followed by a designated 1st aider and, if appropriate, basic resuscitation commenced and continued until the ambulance team arrives.



Knowsley Central Trampoline Agreement

Name of Child:	Please tick
Where able I agree that my child will comply with Knowsley Central Schools safety rules when using the trampolines	

I agree to send my child into school in suitable uniform and / or a PE kit which can be worn when they are using the trampolines.	
I certify that to the best of my knowledge my child is in good physical condition and do not have any medical conditions which might have the effect of making it more likely that they be involved in an accident which could cause an injury.	
My child has asthma and I have sent an inhaler into school.	
I certify that my child has no pre-existing medical conditions which, could through participation in the activities on the trampoline result in injury to them or damage their health.	
I understand that using a trampoline can be dangerous are there is a risk of personal injury including, but not limited to, friction burns, cuts, abrasions, bruising, muscle strains, twists, sprains, dislocation, broken bones and paralysis and accept that these injuries can occur through general use of the equipment and not always or necessarily as a result of defective equipment or negligence.	
I acknowledge and accept that the Activities require a moderate level of fitness and can be physically demanding and require physical effort and should not undertake unless participants are physically able to.	
In the unlikely event of an accident, or damage to any personal effects, I acknowledge that Knowsley Central School will not be liable for any direct or indirect loss, damage or injury arising from or in connection with the Activities (except for death or personal injury caused by the negligence) and I waive all and any claims against Knowsley Central School in this respect.	
I acknowledge that myself and my child have been provided with safety rules and advice from Knowsley Central School in relation to the Activities and that I have read and fully understand the above and accept the terms of participation freely and voluntarily without any inducement prior to signing/submitting this form.	

I ACKNOWLEDGE THAT ALL INFORMATION I'VE PROVIDED FOR MY CHILD IS TRUE TO THE BEST OF MY KNOWLEDGE AND THIS WAIVER WILL BE LEFT VOID IF FALSE INFORMATION IS PROVIDED.

Signature:

Date: